

WELCOME TO



Counselling Services



Objective

To help students through difficulties, dilemmas and anxieties concerning them, making their experience at Monash University Sunway Campus a better one.



REASONS TO SEE THE COUNSELLOR



- Personal unhappiness and distress
- Approaches to study and study difficulties
- Identity, Self-Esteem and Confidence Issues
- Stress, Anxiety and Depression

REASONS TO SEE THE COUNSELLOR

- Grief or Anger Management
- Suicidal thoughts
- Family difficulties
- Relationship and Sexual Issues



Counselling Services



WE ARE LOCATED AT
Building C2 Level 2

Office Hours
Monday – Friday
9.00 am – 5.30 pm

Counsellors:

Soon Saw Imm

Tel: (03) 551 44981

Email: soon.saw.imm@adm.monash.edu.my

Na Mui Gee

Tel: (03) 551 46057

Email: na.mui.gee@adm.monash.edu.my



- ✓ **Are you ready for all the changes university life will bring ?**
- ✓ **Are you worried about transition?**

Come find out what transition to university life is all about and skills that are required for you to fare well in the new environment!

Transition to University & Assertive Skills Workshop

Date: 21 July 2011 (THU) Time: 2pm- 4pm

Venue: B6-3-02 & B6-3-03

LIGHT REFRESHMENT WILL BE SERVED