

## **Academic Profile**

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**LANGUAGES :** Arabic (Native)  
English (Fluent)  
Malay (Beginner)  
**EDUCATION & QUALIFICATION:** MB BCh (Hons) Cairo University ,Egypt 1991  
Master Degree( MSc of Internal Medicine),Cairo University Egypt 2000

### **DISTINCTION & AWARDS:**

1986-1991 : Ministry of Education Scholarship, Egypt.  
1991:Prize in Internal Medicine, Egypt.  
2004: Gazette as a Specialized Physician by the Ministry of Health, Malaysia.  
2011 : GCP certificate ,Malaysia  
2012 : Pro-Vice Councillor's (PVC) Award for Excellence in Academic service.  
2012 :Foundation In Teaching (F.I.T for Practice)  
2015 :completed the Graduate Certificate of Higher Education (GCHE)

### **MEMBERSHIP AND REGISTRATION :**

Malaysian National Specialist Registrar. Registered as a specialist  
Ministry of Health, Malaysia .Gazette as Internal Medicine specialist  
Egyptian Medical Syndicate: Registered as a Specialist of Internal Medicine.  
Egyptian Medical Syndicate: Registered as a Physician.  
Malaysian Medical Council: Full Registration.  
Malaysian Medical Association.

### **EMPLOYMENT AND TRAINING :**

**MONASH University:** *(October 2011-Present).*  
*Senior Lecturer* of internal medicine, Monash University Malaysia, Johor Bahru clinical School.  
*Consultant Physician* in Hospital Sultanah Aminah as part-time voluntary work till 2016

**Hospital Sultanah Aminah Johor Bahru, Ministry of Health Malaysia :** *(March 2004-October 2011).*  
*Specialized Physician:* running an active medical word, Neuromedical clinic and on calls

**Medical Specialist Om El-Nour Medical Centre, Cairo Egypt** *From July 1997 to February 2004*

*SHO then Medical Specialist, Medicine and Intensive Care*

**The Ministry of Health Egypt** *From July 1997 to February 2004.*

*SHO then Specialist of internal Medicine*

**The Coptic Hospital Cairo, Egypt:** *(From November 1994 to June 1997)*

*SHO Medicine, Cardiology and Intensive Care*

**The Ministry of Health Egypt** *From March 1993 to April 1994*

*General Practitioner*

**Cairo University Hospitals, Egypt :** *(From March 1992 to February 1993)*

*Pre-Registration House Officer, General Medicine, General Surgery, Obstetrics and Gynaecology, Ophthalmology, Paediatrics and Anaesthesia.*

#### **RESEARCH & PUBLICATIONS:**

- “The size of the Pancreases and the insulin level in non-insulin dependent diabetic patients” for Master Science Degree of Internal Medicine (Cairo University ,Egypt 2000) The aim of the study was to highlight the relationship between the size of the pancreas as measured by Ultrasonography and the amount of insulin in the blood as measured by the serum C-peptide level
- “Good’s Syndrome (thymoma with immunodeficiency): An unusual clinical presentation of bulbar symptoms and peripheral neuropathy” at the Scottish Journal of Arts, Social Sciences and Scientific Studies - ISSN 2047-1278 VOLUME 4, ISSUE I SEPTEMBER, 2012 <http://scottishjournal.co.uk>.
- “Chronic neuronopathic type of Gaucher’s disease with progressive myoclonic epilepsy in the absence of visceromegaly and bone involvement”: a case report, Nevein PB, Amgad AR, Viswanathan S, Rusli BN, Lock HN, Scott Med J. 2014 May;59(2):e1-6.
- Elangovan S, Ramadas A, Dominic NA, Botross NP, Arasoo VJT, Riad A & Qureshi AM (2015), Impact of Psychosocial Risk Factors on Health-Related Quality of Life: A Pilot Study among Breast Cancer Survivors in Johor Bahru. Malaysia. Indian Journal of psychiatry. 15 (Suppl): S12
- Psychosocial factors and quality of life of breast cancer survivors, Oral presentation in the “Dubai International Conference in Higher Education 2015”.
- Socio-Demography and Medical History as Predictors of Health-Related Quality of Life of Breast :Ramadas A, Qureshi AM, Dominic NA, Botross NP, Riad A, Arasoo VJT, & Elangovan S (2015). Cancer Survivors. Asian Pacific Journal of Cancer Prevention. 16 (4), 1479-1485
- Viswanathan S, Botross N, Rusli BN, Riad A. “Acute disseminated encephalomyelitis complicating dengue infection with neuroimaging mimicking multiple sclerosis: A report of two cases.” *Multiple Sclerosis and Related Disorders* 2016, 10, 112–115.
- “Gut Microflora: Association between Appendectomy and Multiple Sclerosis and Neuromyelitis Optica” Best Poster Award, PACTRIMS Congress, Nov. 23-25 Nov. 2017, Vietnam.
- Dominic N.A. , Arasoo V.J.T., Botross N.P, Riad A., Biding C., Ramadas A. (2018) “Changes in health-related quality of life and psychosocial well-being of breast cancer survivors: Findings from a group-based intervention program in Malaysia” b . Asian Pacific Journal of Cancer Prevention, 19(7), pp.1809-1815. doi: 10.22034/APJCP. 2018.19.7.1809

- Sonia Elvina Stephen, Joel Lee Xiang Loong, Chan Kwok Hoong, Soo Min Lim, Nevein Philip Botross (2018), Acquired Haemophilia of Unknown Aetiology in an Elderly Man: Case report, American Journal of Case reports 2018,19:858-863.doi: 10.12659/AJCR,909228
- Dominic N., Thirunavuk Arasoo V, Botross N, Riad A, Biding C, Ramadas A “Changes in health-related quality of life and psychosocial well-being of breast cancer survivors: Findings from a group-based intervention program in Malaysia &quot; presentation and poster at The 5th Putrajaya International Conference on children, women ,elderly and people with disabilities 2018.
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- Poster presentation at the 2<sup>nd</sup> IKN (Institute Kanser Negara) research day 2018. “Idiopathic Acquired Haemophilia in an Elderly man” Sonia Elvina Stephen, Joel Lee Xiang Loong, Soo Min Lim, Nevein Philip Botross.
- Oral and Poster presentation in the Research week of CSJB, Monash University Malaysia 16-19 July, 2018 “Depression , Anxiety and Strss (DAS) among patients with Idiopathic Parkinson’s Disease (IPD) and their quality of life A cross-sectional study in one center of johor State , Malaysia” Islam MD, ER YC, Thiagarajan D, Botross NP, Thuraajasingam S.

#### **LEADERSHIP:**

- Academic and Clinical supervisor of year 5.
- Assessment Coordinator of year 5.
- Speaker in many local neurological workshops and updates.
- Started and participated in the organization of the Annual “Johor Neuromedical update”.
- Cocoordinator of year 3.
- Co assessment of year 3.
- Chair of year 3.

#### **Grants:**

Monash University Internal grant as co-investigator : RM 5000 for a project entitled “Changes in health-related quality of life and psychosocial well-being of breast cancer survivors: Findings from a group-based intervention program in Malaysia”

2- Better Teaching Better Learning Grant as co-investigator : AU \$ 5000 for a project entitled

“Development of short Podcasts for medical undergraduates linking basic sciences to clinical”

3- The United States Naval Medical Research Center-Asia ( NMRC-A) Research Contract Award

N4034517P0197 as co-investigator: USD 125,195 in a project entitled:

“A passive surveillance of dengue and dengue-like illnesses in a Community Clinic in Johor Bahru”

#### **BMed Sc student supervision:**

All my students have completed their projects and graduated.

- I was the Main Supervisor of:
  - Serric Willeam on “Association between Vitamin D status and the risk of developing multiple Sclerosis, Neuromyelitis Optica and NMOSD in Malaysia”.
  - Sheila Wong on “Development and Evaluation of Digital Interactive Clinical Dermatology Repository: A pilot study”.

They have completed their projects and graduated in Jun. 2017

- The co-supervisor of
  - Hean Sun Ooi , on “History of appendicitis among patients with multiple Sclerosis and Neuromyelitis Optica”.
  - Ivan Adham Rasheed on “Impact of social networking sites (SNS) on eating behaviour, body image and self-esteem of young adults”

They have completed their projects and graduated in Nov. 2017

- Koay Kean Leong, on Association between Appendectomy and Asthma: An exploratory study.

Completed his project and graduated in June, 2018.