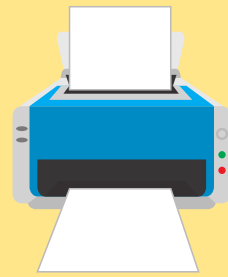


GO PAPERLESS, SAVE THE EARTH

DID YOU KNOW?



1 tree
= 8,000
sheets of paper and
oxygen for 3 people.



The average office worker
prints
10,000
sheets of paper annually.



Paper accounts for
25%
of landfill waste.



Deforestation produces
around **24%** of
global greenhouse gas
emissions.

5 SIMPLE HABITS TO SAVE PAPER



1

THINK BEFORE YOU PRINT

Do you really need it? If you do, make sure you reduce margins of the documents, use single line spacing, adjust the font size and print on both sides of the paper.



2

GO DIGITAL

Going digital helps in reducing paper waste and save trees! View documents on laptop and take notes using mobile device notetaking app.



3

USE REUSABLE ITEMS

Let's focus on using reusable items and say no to single-use paper cups and paper plates! Once they are contaminated with food residue, they can't be recycled.



4

REUSE AND RECYCLE PAPER

Recycling 1 ton of paper saves 17 trees, 4,100kWh of energy, 380 gallons of oil and 26,500 liters of water.



5

ENCOURAGE OTHERS TO DO THE SAME

Once you adopt these habits into your daily life, remember to encourage your friends and family to do the same.

Sources:

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