

RACHEL JOSHUA THUNDYIL

Academic Profile

Post held:

- Consultant Physician and Rheumatologist at KPJ Johor Specialist Hospital, Johor Bahru, Johor, Malaysia
- Lecturer, Jeffrey Cheah School of Medicine and Health Science, Monash University, Malaysia

Previous Post held:

- Medical Lecturer (VK 7 grade), Faculty of Medicine and Health Sciences, University Malaysia Sabah (October 2015- September 2016)
- Consultant Physician: Acting Head of Rheumatology Unit, Department of Medicine, Hospital Queen Elizabeth, Kota Kinabalu, Sabah, Malaysia (Jan 2014-Sept 2015)
- Consultant Physician, Combined Obstetric/Medical clinic, Sabah Woman and Child Hospital, Likas, Kota Kinabalu, Sabah, Malaysia (May 2009-Sept2015)

Medical Qualifications:

- Undergraduate: Trivandrum Medical College, India,1996
- Postgraduate: MRCP (Ireland), 2005
- Fellowship (Rheumatology):
 - Tan Tock Seng, Hospital, Singapore (2008)
 - Hospital Queen Elizabeth, Kota Kinabalu, Sabah (2009-2011)

Postings

House Officer:

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| Obs&Gyn /Pediatrics | Trivandrum Medical College | Dec 1995-Jun 1996 |
| Medical | Trivandrum Medical College | Jun 1996-Sept 1996 |
| Surgery | Trivandrum Medical College | Sept-Dec 1996 |

Post Qualification

House Officer

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| Obs&Gyn | Hospital Queen Elizabeth | Sept 1997-Jan 1998 |
| Medical | Hospital Queen Elizabeth | Jan 1998-May 1998 |
| Ortho | Hospital Queen Elizabeth | May 1998-Sept 1998 |

Medical Officer

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| Medicine | Polyclinic Penampang | Dec 1999-June 2002 |
| Medicine | Hospital Queen Elizabeth | July 2002-Dec 2004 |

Clinical Specialist

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| Medicine | Hospital Queen Elizabeth | Sep 2005-Sept 2007 |
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Rheumatology Registrar

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| Department of Rheumatology, Allergy and Immunology, Tan Tock Seng Hospital, Singapore | Jan 2008-Jan 2009 |
| Rheumatology Unit, Hospital Queen Elizabeth | May 2009-May 2013 |

Consultant Physician

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| Rheumatology Unit, Hospital Queen Elizabeth | May 2011- Sept 2015 |
| Combined Obstretic/Medical Clinic Sabah Woman and Child Hospital Likas, Kota Kinabalu, Sabah | May 2011- Sept 2015 |

Teaching Experiences

Medical Clinical Tutor and Examiner for Third and Final Year Medical Students, University Malaysia Sabah, Malaysia (2009 - Sept 2016)

Clinical Lecturer for Medical Officers, Hospital Queen Elizabeth, Kota Kinabalu, Sabah, Malaysia (2011- Sept 2016)

Research Experiences: INVESTIGATOR

1. A multicenter, randomized, double-blind, placebo-controlled trial of golimumab, an anti-TNF monoclonal antibody, administered intravenously, in subjects with active rheumatoid arthritis despite methotrexate therapy
2. Phase 3, randomized, double-blind, placebo-controlled study of the efficacy and safety of 2 doses of CP-690,550 monotherapy in patients with active rheumatoid arthritis
3. A long-term, open-label follow-up study of tofacitinib (CP-690,550) for treatment of rheumatoid arthritis (A3921024)
4. A phase 3, multicenter, randomized, double-blind, placebo-controlled study to evaluate the efficacy and safety of subcutaneous LY2127399 in patients with systemic lupus erythematosus (SLE) (ILLUMINATE-2)
5. A randomized, double-blind, parallel-group study of safety and the effect on clinical outcome of tocilizumab SC versus placebo SC in combination with traditional DMARDS in patients with moderate to severe active rheumatoid arthritis
6. An observational study of Rheumatoid arthritis patients on adalimumab to Evaluate quality of Life Variables, Effects on work productivity and functional outcomes in Malaysia (RELIVE) Study

7. **A Randomized, Double-Blind, Placebo-Controlled 52-Week Study to Assess Adverse Events of Special Interest in Adults with Active, Autoantibody-Positive Systemic Lupus Erythematosus Receiving Belimumab(BASE)**
8. **A randomized, double-blind placebo-controlled study of the maintenance of efficacy of etanercept plus DMARDS(S) compared with DMARDS(S) alone in subjects with rheumatoid arthritis after achieving an adequate response with etanercept plus DMARDS(S)**

Publications/Posters

L Shirley, Rachel Joshua Thundyil (2017) A FREQUENTLY MISSED ENTITY IN SYSTEMIC LUPUS ERYTHEMATOSUS(SLE): INTESTINAL PSEUDO OBSTRUCTION(IPSO), THE MEDICAL JOURNAL OF MALAYSIA DEC 2017

TAN BE, LIM AL, KAN SL, LIM CH, TSANG EEL, CH'NG SS, MOHD NOOR , MOHD JAMID , TEH CL, JOSHUA THUNDYIL R, LOH YL, CHONG HC, ONG SG, MOHAMED ISMAIL A, LEE YYL, GUN SC (2017) REAL-WORLD CLINICAL EXPERIENCE OF BIOLOGICAL DISEASE MODIFYING ANTI-RHEUMATIC DRUG IN MALAYSIA RHEUMATOID ARTHRITIS PATIENTS, JOURNAL OF RHEUMATOLOGY RHEUMATOL INT. 2017 JUL 10

Khor CG1, Tan BE, Kan SL, Tsang EE, Lim AL, Chong EY, Rachel T, Teh CL, Loh YL, Ch'ng SS, d'Souza BA, Mohd Mokhtar A, Ong SG, Mohd Isa L (2016) TAKAYASU ARTERITIS in MAJOR RHEUMATOLOGY CENTRES IN MALAYSIA, J Clin Rheumatol. 2016 Jun;22(4):194-7

Thundyil, RJ, Lee, S (2016) INTESTINAL PSEUDO-OBSTRUCTION (IPO) IN SLE, APLAR, SHANGHAI 2016 POSTER PRESENTATION

Thundyil, RJ, Wong, WK, Keowmani, T, Malehah, MN, Chong, YY (2015) CLINICAL MANIFESTATIONS AND IMMUNOLOGICAL EXPRESSION OF SLE IN A MULTIETHNIC POPULATION IN SABAH, MALAYSIA, APLAR CHENNAI, 2015 POSTER PRESENTATION

Thundyil, RJ, Keowmani, T, Lai, PP, Chong, YY, (2015) THE SPECTRUM OF RHEUMATOID ARTHRITIS POPULATION IN QUEEN ELIZABETH HOSPITAL, SABAH, MALAYSIA, SSR/MSR 2015 POSTER PRESENTATION, SINGAPORE

Valayatham, V, Thundyil, RJ (2012) PREGNANCY OUTCOMES COMPARED IN WOMEN WITH MECHANICAL HEART VALVE REPLACEMENTS ANTICOAGULATED WITH WARFARIN AND ENOXAPARIN IN PREGNANCY, MED J MALAYSIA VOL 67 NO 6 DEC 2012

SPEAKER:

1. 5TH Annual State Conference of Dermatology : Early diagnosis of SLE
Hospital Queen Elizabeth, Sabah
Oct 2011
2. Kursus Medical Disorder`s in Pregnancy: Rheumatic diseases in Pregnancy
Hospital Wanita dan Kanak-Kanak, Likas, Sabah
July 2013
3. REAL Workshop: SPA OVERVIEW
Ming Garden, Kota Kinabalu
Oct 2013
4. 1st Sabah Safe Motherhood Seminar: Medical conditions in Pregnancy
Hospital Wanita dan Kanak Kanak, Likas, Sabah
Aug 2014
5. Standing tall with Ankylosing Spondylitis
Hospital Queen Elizabeth CME, Kota Kinabalu, Sabah
Sept 2014
6. SLE: Latest updates
Hospital Duchess of Kent, Sandakan
Jan 2015
7. Benkel Mikrobiologi Update Sabah 2015: Autoimmune testing
Hospital Queen Elizabeth, Sabah
Feb 2015
8. Benkel Pengurusan Pentabiran Dan Klinikal Pakar Perubatan Kesihatan Keluarga Peringkat
Negeri Sabah: How to diagnosed early RA
Le Meridien Hotel, Kota Kinabalu
May 2015
9. Scleroderma
Hospital Queen Elizabeth CME, Sabah
Feb 2016
10. UMS/QEH Rheumatology Workshop: Updates on SLE
University Malaysia Sabah
May 2016
11. Persatuan SLE Malaysia: SLE TALK
Hospital Queen Elizabeth
Oct 2017

CONFERENCES ATTENDED

1. Rheumatology Workshop & Update 2004
Kota Kinabalu, Sabah
June 2004
2. 12th APLAR Congress
Kuala Lumpur
Aug 2006
3. CORE Workshop
Sutra Harbour, Kota Kinabalu, Sabah
April 2007
4. Ten Topics in Rheumatology Asia, Singapore
2008
5. APLAR
Hong Kong
2009
6. Workshop on Autoimmune IFA Testing with Automation
Nexus Resort, Karabunai, Sabah
July 2010
7. EULAR
London, UK
June 2011
8. 1st Singapore Society of Rheumatology Basic Musculoskeletal Ultrasound Course
Marina Barrage, Singapore
July 2011
9. 12th SSR-MSR
Singapore
July 2011
10. Pryme Workshop
Sandakan, Sabah
Feb 2012
11. Evidence-based Approach to Musculoskeletal Pain Management
Port Dickson, Negeri Sembilan
Mar 2012
12. Symposium of Rheumatology
Damai Puri, Sarawak
Mar 2012
13. MSR-MOH Musculoskeletal Ultrasound Course in Rheumatology-Basic
Hospital Pulau Pinang, Penang
July 2012
14. 13th MSR-SSR Workshop in Rheumatology
Pearls and Practicalities in Rheumatology
July 2012

15. Ten Topics in Rheumatology Asia
Singapore
2012
16. Musculoskeletal Ultrasound in Rheumatic Diseases
Penang GH
June 2013
17. Symposium of APLAR
Bali, Indonesia
Aug 2013
18. 14th SSR-MSR
Singapore
Sept 2013
19. Musculoskeletal Ultrasound Workshop
UMMC, Kuala Lumpur
Aug 2014
20. 5th Annual Rheumatology Task Force Meeting 2014
Palm Seremban Hotel, Negeri Sembilan
Oct 2014
21. Optimizing Treatment in Patients with Prior Biologic Treatment in Rheumatology
Hilton Hotel, Kuala Lumpur
Nov 2014
22. Psoriatic Arthritis Musculoskeletal Ultrasound Workshop
Putrajaya Marriott Hotel
June 2015
23. 16th SSR-MSR
Singapore
August 2015
24. 17th APLAR
Chennai, India
Sept 2015
25. ACR/ARHP Annual Meeting
San Francisco, CA, USA
Nov 2015
26. 17th MSR-SSR
Holiday Inn, Melaka
Aug 2016
27. ACR/ARHP Annual Meeting
Washington D.C, USA
Nov 2016
28. 18th SSR-MSR
Singapore
Sept 2017

29. Novartis Spondyloarthritis Meeting
Singapore
Sept 2017
30. Februric Launch Symposium
Le Meridien, Kuala Lumpur
Feb 2017
31. 2017 XELJANZ RA Global Speaker Summit
Loews Chicago O`Hare Hotel
June 2017
32. Remsima 2018 Global Homecoming Day
16-20th May 2018
Seoul, South Korea
33. EULAR 2018 Amsterdam
13-16th June 2018
Amsterdam, Netherlands
34. World Congress on Controversies, Debates & Consensus in Bone, Muscle & Joint Diseases
(BMJD)
8-10th Nov 2018
Bangkok, Thailand

Committee

Honorary Assistant Secretary, Sabah Medical Association 2013-2016

Medical Advisor, Persatuan SLE Malaysia, Sabah Chapter (2017-2019)

Societies

Member, Sabah Medical Association

Member, Malaysian Society of Rheumatology

Member, Malaysian Medical Association

Member, Arthritis Foundation Malaysia