

Dr Vanassa Ratnasingam

MBBS (M'lore) India

Appointments

Senior Lecturer General Practice & Family Medicine
Clinical Academic Lead in General Practice and Assessment
Monash University Malaysia

Email: vanassa.ratnasingam@monash.edu

Places of Practice:

- Monash University Malaysia, Clinical School Johor Bahru
- Klinik Kesihatan Tampoi, Johor Bahru

CLINICAL RESEARCH ACTIVITIES:

- ❑ Malaysian Diabetes and Research on Lifelong Lifestyle Intervention Group (MY DARLING) Study: The impact of knowledge on diabetes and metabolic control and intervention of self-care skills in diabetes management (Phase III) - Ministry of Higher Education (MOHE) – ERGS - Sub Investigator
- ❑ Survey on Attitudes towards pre natal diagnosis and termination of pregnancy for Thalassaemia in Malaysia – A survey of parents with Thalassaemia Children – Sub Investigator
- ❑ Horizontal Integrated teaching in Year 4 MBBS – one of main team player in design of case scenarios, questionnaire setting, entering data, analyzing data and writing for publication.
- ❑ MeyeNet - An innovative project to increase educational opportunities for medical students in Ophthalmology and Otorhinolaryngology - collaboration across all campuses (Australia & Malaysia) through Monash MBBS Funding Development Grant 2015 – Monash University Australia - MUHREC ID 7077 - completed
- ❑ Monash Health Care Team Challenge – Using Competition based Learning to Enhance Interprofessional Collaboration MUHREC 1357 – Completed
- ❑ Patients' Perception towards Pelvic Examination by Male Medical Students (NMRR-18-195-39896(IIR) - Ongoing
- ❑ Integrated Teaching Project for Year 4 Cohort of Monash University Malaysia Students (2018-2020) - MUHREC ID 12992 - Ongoing
- ❑ Feedback to students after formative Objective Structured Clinical Exam (OSCE) MUHREC 11168 – Ongoing
- ❑ PREVENT THE NEXT WAVE of GLOBAL HIV - Exploring the knowledge, attitudes, behaviour, practices, cultural influences and health risks of the Transgender community in Johor Bahru - ongoing

Clinical based trials in Diabetes at Monash Research Centre, Johor Bahru

- NOVO NORDISK A trial comparing the efficacy and safety of insulin degludec/insulin aspart once daily in insulin-naïve subjects with type 2 diabetes mellitus when using two different titration algorithms. Sub Investigator - completed
- Omnicare - 1218.65 - A randomized double blind placebo controlled parallel group efficacy & safety study of Linagliptin over 24 weeks in Type 2 diabetic patients with insufficient glycemic control despite Metformin therapy. Sub Investigator - completed
- Carolina 1218.74- A multicenter, international, randomized, parallel group, double blind study to evaluate Cardiovascular safety of Linagliptin versus glimepiride in patients with type 2 diabetes mellitus at high cardiovascular risk. Sub Investigator – completed
- Merck & Co. MK-0431D- A phase 3, randomized double blind, clinical trial to study the efficacy and safety of MK0431D (a fixed dose combination of sitagliptin and simvastatin) for the treatment of patients with Type 2 Diabetes Mellitus with inadequate glycemic control on Metformin monotherapy. Sub Investigator - completed
- Bohrienger Ingelheim. NMRR ID: NMRR-10-718-6056 - Research Title: A phase III randomised, double-blind, active-controlled parallel group efficacy and safety study of BI 10773 compared to glimepiride administered orally during 104 weeks with a 104-week extension period in patients with type 2 diabetes mellitus and insufficient glycaemic control despite metformin treatment. Sub Investigator -Completed
- Janssen Research & Development: 28431754DNE3001: Phase 3 The CREDENCE Trial: A Randomized, Double blind, Event driven, Placebo-controlled, Multicenter Study of the Effects of Canagliflozin on Renal and cardiovascular Outcomes in Subjects with Type 2 Diabetes Mellitus and Diabetic Nephropathy. Principal Investigator – completed

Monash University Teaching Related Services:

- Monash Malaysia CAL (Clinical Academic Lead) for Year 4 General Practice
- Member of Year 4 Committee (GP representative)
- Year 4 MBBS Assessment Working Group Monash University – Year 4 MUM representative
- Co-chair of Year 4 MBBS Assessment Committee Monash University Malaysia
- Member of MPCC
- Member of Medical Education Unit Monash Malaysia
- Monash PHD – Primary Health Care (PHC) – Development of curriculum and delivery

External services:

- Board Of Visitors to Psychiatry Unit Hospital Sultanah Aminah, Johor Bahru
- Intan Lifezone (NGO on HIV and Harm Reduction) – committee member
- JEWEL (Johor Women’s League) – NGO on child abuse & women’s needs – committee member
- Engaging with other NGOs and UNHCR in Johor for community activities

Grants:

- Monash MBBS Funding Development Grant 2015 (RM 150K (AUD 50K) – Monash University Australia - MUHREC ID 7077 - completed
- Network Funds MEA - AUD \$1000 – completed (Disability Teaching for Year 4 in 2017)
- Janssen Research & Development. CREDENCE (completed)
- TMB Grant RM 10,000 (2018) – on going

PUBLICATION:

- Neglected Laryngeal Foreign Body, a case report – Journal of Laryngology & Otology (September 2001) Anbu VK, Narayanan P, Ratnasingam V
- Attitudes towards prenatal diagnosis and abortion in a multi-ethnic country: A survey among parents of children with thalassemia major in Malaysia – Journal of Community Genetics, CF Ngim, NM Lai, H Ibrahim, V Ratnasingam (2013) doi: 10.1007/s12687-012-0133-x