

Dr DEEPA ALEX

ACADEMIC QUALIFICATION

- MRCP UK, Royal College of Physicians, UK – May, 2017
- MD Geriatrics, The Tamil Nadu Dr. MGR Medical University, Madras Medical College, India – Sept, 2014
- MBBS, The Tamil Nadu Dr. MGR Medical University, Coimbatore Medical College, India – July, 2010

RESEARCH/EDUCATION INTEREST

- Health issues of Older Adults namely Falls and Cognition.
- Focus on Geriatric Education

WORK EXPERIENCE

- Lecturer (Geriatrics) – May 2018 to present
Monash University
- Clinical Attachment in Geriatric Medicine - April 2016 to April 2017
University of Malaya Medical Centre, Kuala Lumpur, Malaysia
- Resident in Geriatric Medicine - April 2011 to April 2014
Location: Madras Medical College, Chennai, India
- House Officer - July 2009 to July 2010
Location: Coimbatore Medical College, Coimbatore, India

PUBLICATIONS

- Alex D, Khor HM, Chin AV, Hairi NN, Othman S, Khoo SP, Kamaruzzaman SB, Tan MP. Cross-sectional analysis of ethnic differences in fall prevalence in urban dwellers aged 55 years and over in the Malaysian Elders Longitudinal Research study. *BMJ open*. 2018 Jul 1;8(7):e019579.

Abstracts –

- Alex, D, Krishnaswamy, B “Association of Inflammation and Metabolic Syndrome in Elderly”. *Journal of Indian Academy of Geriatrics* 13 Abstract 185, December 2013
- Alex, D, Krishnaswamy, B “Efficacy of Monotherapy versus Combination Therapy in Isolated Systolic Hypertension”. *Medej* (official e-journal of The Tamil Nadu Dr. M.G.R. Medical University) Vol. 4 No. 2, March - April 2014

PRESENTATIONS

- First Prize Oral Presentation- “Factors Associated with Falls in Community-Dwellers aged 55 years and Over in the MELoR study”, Malaysian Congress of Geriatric Medicine-2-4th August 2018
- Poster Presentation, “Prevalence of Falls Among Residents of the Klang Valley Aged 55 Years and Over in the MELoR Study” **Alex D**, Khor HM, Chin AV, Hairi NN, Cumming R, Kamaruzzaman SB, Tan MP, 13th National Geriatric Conference 17th - 18th August 2017, Kuala Lumpur, Malaysia
- Oral Presentation, “Association of Inflammation and Metabolic Syndrome in Elderly” GERICON 2013, 13th – 15th December 2013, Chennai, India

AFFILIATIONS

- Indian Academy of Geriatrics (IAG)

VOLUNTEER WORK

- Helpage India (NGO), April 2011 to April 2014, Monthly Free Clinics at Retirements Homes, Chennai, India
- Geriatric House Call Program, April 2011 to April 2014, Chennai, India