

Bachelor of Psychology (February 2026 intake)
(Course Code: M2018)
Stream: Mental Health and Wellbeing

Year 1 Semester 1 (Feb)	PSY1011 Foundations in psychology	PSY1014 Introduction to contemporary mental health practice	PSY1013 The science of thriving		Elective
Year 1 Semester 2 (July)	PSY1023 Introduction to psychological inquiry	PSY1025 Indigenous Health Psychology: South East Asia and Global Insights	Elective		Elective
Year 2 Semester 1 (Feb)	PSY2061 Biological psychology	PSY2071 Developmental psychology	PSY2214 Mental health and wellbeing across the lifespan		Elective
Year 2 Semester 2 (July)	PSY2041 Psychological testing and assessment	PSY2042 Personality and social psychology	PSY2014 Mental health in the digital age		*Elective OR PSY2112 Organisational psychology and workplace wellbeing
Year 3 Semester 1 (Feb)	PSY3051 Perception and cognitive psychology	PSY3052 Cultural safety, responsiveness and reflexivity in practice	PSY3134 Introduction to Psychological Science in practice <small>* T2-57, zero-credit point unit, mandatory for PSY3034</small>	PSY3214 Mental health and wellbeing in diverse communities	*Elective OR PSY3250 Positive psychology
Year 3 Semester 2 (July)	PSY3032 Psychological disorders	PSY3062 Research methods in psychology	PSY3034 Psychological science in practice		PSY3120 Introduction to counselling

A	APAC level 1-accredited sequence
B	Discipline studies – Mental Health and Wellbeing
C	Elective studies

*** Elective units:**

- PSY2112 Organisational psychology and workplace wellbeing
- PSY3250 Positive psychology
- PSY3150 Contemporary social psychology

(Note: Students must complete either PSY3250 or PSY2112 to meet the stream requirements. Students may also enrol in one of these units as their discipline-specific elective unit)

Bachelor of Psychology (February 2026 intake)
(Course Code: M2018)
Stream: Applied Psychology

Year 1 Semester 1 (Feb)	PSY1011 Foundations in psychology	PSY1013 The science of thriving	AMU1310 Introduction to gender studies OR NUT1024 Nutrition health and behaviour	Elective	
Year 1 Semester 2 (July)	PSY1023 Introduction to psychological inquiry	PSY1025 Indigenous Health Psychology: South East Asia and Global Insights	AMU1309 Introduction to sexuality studies OR AMU1278 Communication technologies and Practices OR AMU1010 Introduction to public relations OR NUT1030 Nutrition and mental health (Summer Sem only)	Elective	
Year 2 Semester 1 (Feb)	PSY2061 Biological psychology	PSY2071 Developmental psychology	NUT2029 Nutrition education and counselling OR AMU2814 Transforming community OR AMU2625 Borders, people and identity	Elective	
Year 2 Semester 2 (July)	PSY2041 Psychological testing and assessment	PSY2042 Personality and social psychology	PSY2112 Organisational psychology and workplace wellbeing	Elective	
Year 3 Semester 1 (Feb)	PSY3051 Perception and cognitive psychology	PSY3052 Cultural safety, responsiveness and reflexivity in practice	PSY3134 Introduction to Psychological Science in practice <i>* T2-57, zero-credit point unit, mandatory for PSY3034</i>	PSY3150 Contemporary social psychology	Elective @L2/L3
Year 3 Semester 2 (July)	PSY3032 Psychological disorders	PSY3062 Research methods in psychology	PSY3034 Psychological science in practice	AMU2907 Sexual and reproductive health and rights in global contexts OR AMU2020 International human rights OR PSY3120 Introduction to counselling	

A	APAC level 1-accredited sequence
B	Discipline studies – Applied Psychology
C	Elective studies

Elective units:

- PSY1014 Introduction to contemporary mental health practice
- NUT1021 Fundamentals of human nutrition
- PSY2214 Mental health and wellbeing across the lifespan
- PSY2014 Mental health in the digital age
- PSY3250 Positive psychology
- AMU3560 Contemporary feminisms in Asia
- PSY3214 Mental health and wellbeing in diverse communities