

# **DR. NAGANATHAN KATHIRESAN PILLAI**

MBBS (S'PORE), MRCPI, FRCPI, FSAARMM, FACP, AM (MAL)  
OVERSEAS FELLOW, ROYAL SOCIETY OF MEDICINE, UK.  
PHYSICIAN / GASTROENTEROLOGIST  
ASSOCIATE PROFESSOR CLINICAL PRACTICE  
MONASH UNIVERSITY MALAYSIA

## **HIGHER EDUCATION:**

Awarded ASEAN (Association of South East Asian Nations) Scholarship by the government of Singapore to study Medicine in King Edward College of Medicine University of Singapore.

“ASEAN **SCHOLAR** “IN MEDICINE, University Of Singapore 1973 – 1978

**MBBS, UNIVERSITY OF SINGAPORE 1978.**

## **POST GRADUATE QUALIFICATION**

**MRCP (IRELAND) 1992, FRCP (IRELAND) 2013**

Admitted to **Academy Of Medicine (Malaysia) 2002**

**MEMBER AMERICAN COLLEGE OF PHYSICIANS since 2015.**

## **PREVIOUS APPOINTMENTS**

1. Housemanship in Medicine, O & G, Surgery in Singapore  
General Hospital and Alexandra Hospital from June 1978 to June 1979.

2. **Medical Officer**

- Surgery : Tan Tock Seng Hospital, Singapore June 1979 till Nov 1979
- A & E : Alexandra Hospital, Singapore Nov 1979 till May 1980
- Medicine : Alexandra Hospital, Singapore May 1980 till May 1981

Worked with an outstanding endocrinologist Dr.B.Y. TAN in Alexandra Hospital then.

### 3. Return to Malaysia in June 1981

Posted to Alor Setar, General Hospital.

- (i) Ophthalmology - Alor Setar General Hospital for 8 months till June 1981

Called to National Services.

- (ii) **Malaysian Armed Forces - Captain Doctor** 1982 till 1984.

- (iii) Family Practice - Kangar and Penang 1984 till 1988

- Joined University Hospital in 1988 / 89 to prepare for MRCP
- Left for UK in August 1990

### **EXPERIENCE IN THE UK**

(i) SHO - Geriatric Medicine 6 months (Feb 1991 till Oct 1991)  
St. Luke's Hospital  
Crosland Moor  
Huddersfield HD 4 5 RQ  
England

(ii) REGISTRAR - General Medicine / Geriatric Medicine Nov 1991 till April 1992.  
St. Luke's Hospital / Huddersfield Royal Infirmary,  
England

(iii) REGISTRAR/SHO - General Medicine / Geriatric Medicine / Rheumatology  
Norfolk and Norwich Hospital  
Norwich, England  
April 1992 till February 1993

Return to Malaysia in March 1993

## **Subsequent Appointments**

Clinical Specialist in the Hospital University, Kuala Lumpur from April 1993 till July 1994.

Joined the Gastroenterology Centre, Clinic Panir, AG-3(Ground Floor), Plaza Pekeliling, Jalan Tun Razak, 50400, KL

Specialised in Gastroenterology under the guidance of Dr.Pannir Chelvam, the pioneer gastroenterologist in this country for the next three years.

Joined the Damai Specialist Service Hospital, Kuala Lumpur in 1998 as a physician/gastroenterologist in 1997 till 2011.

Joined Jefferey Cheah School of Medicine, Monash University, Malaysia in 2012 as Associate Professor Clinical Practice till now.

## **Capabilites:**

Proficient in all medical procedures, gastroscopy, colonoscopy. Limited ERCP skills.I have done about 20 ERCPs before leaving Dr.Pannir.

I am still an old fashioned doctor relying less on modern investigative methods unless necessary but emphasizing the importance of history taking and clinical skills.

Teaching medical students Clinical Medicine in Monash University, Malaysia. Teaching commitments include bedside teaching, problem based learning, clinical skills and guiding students and doctors to write and publish case studies and relevant research.

Conducting Continuing Medical Education for general practitioners in the area which is semi-urban and rural.

I am the Coordinator of the Rural Medicine Program for medical students in Monash University, Malaysia.

Currently placed in Monash Precinct, Wisma Centrepoint, Jalan Sia Her Yam, Segamat, 85000, Johor.

**Publications:**

1. HERPES GESTATIONIS-ONE OF THE RARE SKIN LESIONS IN PREGNANCY-  
The Medical Journal of Malaysia Vol 49 Dec 1994.
2. HIV INFECTION IN MALAYSIA-A REPORT OF CASES SEEN AT UNIVERSITY  
HOSPITAL. -The Medical Journal of Malaysia Vol 50 Dec 1995.
3. UPPER GIT HAEMORRHAGE-CHAPTER 9 in the book MANAGEMENT OF  
COMMON GASTROENTEROLOGICAL PROBLEMS 2<sup>nd</sup> edition Editors: Richard Guan,  
I wrote this chapter while working with Dr.Pannir.
4. BENIGN GASTRIC ULCERS IN MALAYSIANS-7-year review. Journal of  
Gastroenterology and Hepatology Vol supplement 1996. Conference Presentation.
5. GASTRIC POLYPS IN MALAYSIANS-Journal of Gastroenterology and Hepatology  
Vol 2 supplement 1996.Poster Presentation.
6. CRYPTOCOCCAL MENINGITIS-A REPORT OF 27 CASES SEEN AT  
UNIVERSITY HOSPITAL-TROPICAL DOCTOR, THE ROYAL SOCIETY OF  
MEDICINE Vol 28 1997.
7. MULTIFACETED PRESENTATIONS OF DENGUE VIRUS INFECTION AND ITS  
MANAGEMENT: A CASE SERIES. American Journal of epidemiology and Infectious  
Disease 2015 Vol 3, no 5.
8. METHYLPREDNISOLONE-RESPONSIVE LEPTOSPIRAL ACUTE  
PULMONARY SYNDROME; A CASE REPORT. The International Journal of Medical  
Students. 2015.
9. CULTURE NEGATIVE ABCESSES AT MULTIPLE SITES: A DIAGNOSTIC AND  
MANAGEMENT DILEMMA IN A DISTRICT HOSPITAL. American Journal of  
Infectious diseases and Microbiology, 2015, Vol 3, No 5.
10. CHOICE OF MANAGEMENT IN A RARE CASE OF SYMPTOMATIC WOLFF-  
PARKINSON-WHITE (WPW) SYNDROME TYPE B. OA Library Journal. 2015.
11. PREDICTORS OF TUBERCULOSIS TREATMENT OUTCOME IN AN URBAN  
SETTING: A RETROSPECTIVE STUDY. American Journal of Infectious Diseases and  
Microbiology, 2016, Vol 4, No 1.
12. UNUSUAL PRESENTATIONS OF TUBERCULOSIS: A CASE SERIES. OA  
Library Journal, 2016.

13. PREDICTORS OF RE-EMERGING TUBERCULOSIS: A REVIEW. OA Library Journal, 2016.
14. A RARE PRESENTATION OF HEPATIC HYDROTHORAX IN A PATIENT WITH ALCOHOL INDUCED LIVER CIRRHOSIS. American Journal of Case Reports, 2017.
15. TRANSPORT OF CRITICALLY ILL PATIENT FOR PRE-INTERNS: A SIMULATION –BASED MODULE. Loaded in Youtube: An educational video of 10 minutes' duration each.
16. RE-EMERGENCE OF MALARIA IN MALAYSIA: A REVIEW ARTTICLE. OA Lib Journal 2018.
17. MANAGEMENT OF AIDS RELATED CRYPTOCOCCUS NEOFORMANS MENINGITIS IN A RURAL HOSPITAL SETTING. American Journal of Epidemiology and Infectious Diseases, 2015, vol. 3.
18. CHAPTER 26: TRANSPORT OF THE CRITICALLY ILL PATIENT: DEVELOPING SAFE PRACTICES. Rafidah et al., 2018, In Healthcare Simulation Education: Evidence, Theory and Practice, edited by Debra Nestel et al., Wiley Blackwell.
19. AN EXTRAORDINARY CASE OF IDIOPATHIC CHYLOTHORAX IN A RURAL SETTING. OALib Journal 2018, Vol 5, e4924.

In addition, lectures in public forums and to general practitioners.

**Hobbies:** Reading, Yoga, Meditation, Walking. Passed Diploma in the Saivite Hindu Religion (a school of Indian Philosophical System) through distance learning with Annamalai University.

**Current Projects:**

Evidence Based Case Presentations in the district hospital by medical students and response.

Rural Medicine learning experience among medical students and its outcome.

Bronchial Asthma study in the Malaysian Health Care System