

**Bachelor of Psychology (July 2026 intake)**  
**(Course Code: M2018)**  
**Stream: Mental Health and Wellbeing**

Year 1 Semester 2 (July)	PSY1023 Introduction to psychological inquiry	PSY1025 Indigenous Health Psychology: South East Asia and Global Insights	Elective		Elective
Year 1 Semester 1 (Feb)	PSY1011 Foundations in psychology	PSY1014 Introduction to contemporary mental health practice	PSY1013 The science of thriving		Elective
Year 2 Semester 2 (July)	PSY2041 Psychological testing and assessment	PSY2042 Personality and social psychology	PSY2014 Mental Health in the Digital Age		*Elective <b>OR</b> PSY2112 Organisational psychology and workplace wellbeing
Year 2 Semester 1 (Feb)	PSY2061 Biological psychology	PSY2071 Developmental psychology	PSY3134 Introduction to Psychological Science in practice <small>* T2-57, zero-credit point unit, mandatory for PSY3034</small>	PSY2214 Mental health and wellbeing across the lifespan	Elective
Year 3 Semester 2 (July)	PSY3032 Psychological disorders	PSY3062 Research methods in psychology	PSY3034 Psychological science in practice		PSY3120 Introduction to counselling
Year 3 Semester 1 (Feb)	PSY3051 Perception and cognitive psychology	PSY3052 Cultural safety, responsiveness and reflexivity in practice	PSY3214 Mental health and wellbeing in diverse communities		*Elective <b>OR</b> PSY3250 Positive psychology

A	APAC level 1-accredited sequence
B	Discipline studies – Mental Health and Wellbeing
C	Elective studies

**\* Elective units:**

- PSY2112 Organisational psychology and workplace wellbeing
- PSY3250 Positive psychology
- PSY3150 Contemporary social psychology

(Note: Students must complete either PSY3250 or PSY2112 to meet the stream requirements. Students may also enrol in one of these units as their discipline-specific elective unit)

**Bachelor of Psychology (July 2026 intake)**  
**(Course Code: M2018)**  
**Stream: Applied Psychology**

Year 1 Semester 2 (July)	PSY1023 Introduction to psychological inquiry	PSY1025 Indigenous Health Psychology: South East Asia and Global Insights	AMU1309 Introduction to sexuality studies <b>OR</b> AMU1278 Communication technologies and Practices <b>OR</b> AMU1010 Introduction to public relations <b>OR</b> NUT1030 Nutrition and mental health (Summer Sem only)	Elective	
Year 1 Semester 1 (Feb)	PSY1011 Foundations in psychology	PSY1013 The science of thriving	AMU1310 Introduction to gender studies <b>OR</b> NUT1024 Nutrition health and behaviour	Elective	
Year 2 Semester 2 (July)	PSY2041 Psychological testing and assessment	PSY2042 Personality and social psychology	PSY2112 Organisational psychology and workplace wellbeing	Elective	
Year 2 Semester 1 (Feb)	PSY2061 Biological psychology	PSY2071 Developmental psychology	PSY3134 Introduction to Psychological Science in practice <i>* T2-57, zero-credit point unit, mandatory for PSY3034</i>	NUT2029 Nutrition education and counselling <b>OR</b> AMU2814 Transforming community <b>OR</b> AMU2625 Borders, people and identity	Elective
Year 3 Semester 2 (July)	PSY3032 Psychological disorders	PSY3062 Research methods in psychology	PSY3034 Psychological science in practice	AMU2907 Sexual and reproductive health and rights in global contexts <b>OR</b> AMU2020 International human rights <b>OR</b> PSY3120 Introduction to counselling	
Year 3 Semester 1 (Feb)	PSY3051 Perception and cognitive psychology	PSY3052 Cultural safety, responsiveness and reflexivity in practice	PSY3150 Contemporary social psychology	Elective @L2/L3	

A	APAC level 1-accredited sequence
B	Discipline studies – Applied Psychology
C	Elective studies

**Elective units:**

- PSY1014 Introduction to contemporary mental health practice
- NUT1021 Fundamentals of human nutrition
- PSY2214 Mental health and wellbeing across the lifespan
- PSY2014 Mental health in the digital age
- PSY3250 Positive psychology
- AMU3560 Contemporary feminisms in Asia
- PSY3214 Mental health and wellbeing in diverse communities

*Updated: 26.3.2026*