

# JCSMHS NEWSLETTER

## FEATURED NEWS



**JEFFREY CHEAH SCHOOL OF MEDICINE AND HEALTH SCIENCES**

*Monash University Malaysia  
Jalan Lagoon Selatan,  
47500 Bandar Sunway  
Selangor Darul Ehsan, Malaysia*

<https://www.monash.edu.my/jcsmhs>



## BRIMS OPEN DAY 2018

Brain Research Institute Monash Sunway (BRIMS) Open Day was held on 25 May 2018, aimed to enhance awareness and showcase BRIMS' research capability and infrastructure, including the bioimaging and drug discovery platforms to researchers from local institutions and industries in the hopes of promoting future research collaboration with BRIMS.





## SURGICAL ANATOMY REVIEW PRACTICAL (SARP) 2018

The Surgical Anatomy Review Practical (SARP) was conducted on 30 June and 1 July 2018 at MAPEL Lab. The course introduced to participants key concepts in Surgical and Clinical Applications of Anatomy, Physiology, Pathology and Microbiology (relevant to General Surgery), and Orthopaedics Practice. This course attracted candidates and young doctors who were thinking of a career in Orthopaedic Surgery and preparing for intercollegiate MRCS Part A Exam, Postgraduate Entrance Exams and Basic Sciences Examination (Orthopaedic Surgery)/OSC Part 1, an examination organised by College of Surgeons, Academy of Medicine of Malaysia.





## RAYA 2018

Jeffrey Cheah School of Medicine and Health Sciences hosted this year's Hari Raya celebration on 3 July 2018.





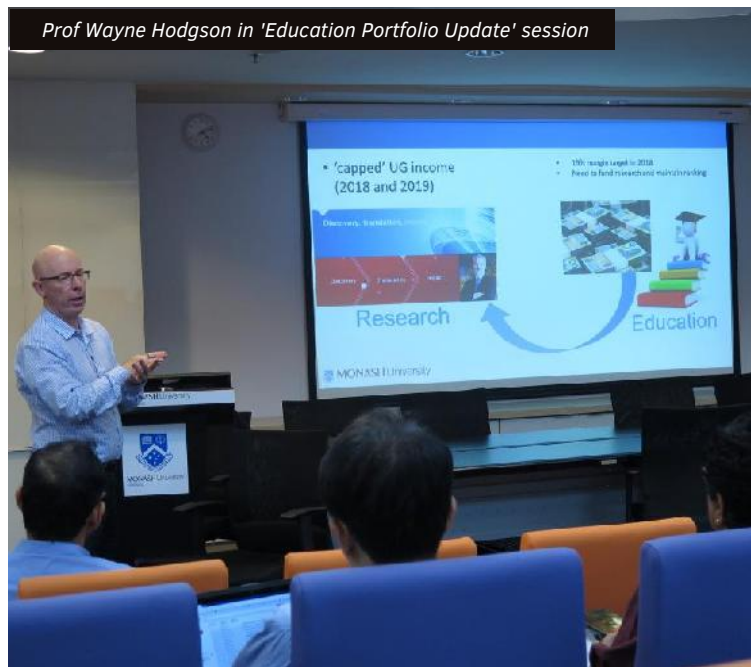
## RAYA 2018

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## A VISIT FROM MUA FACULTY

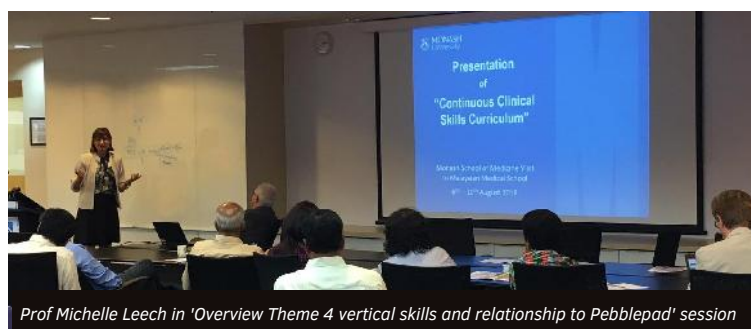
Staff of Faculty of Medicine, Nursing and Health Sciences from Monash University Australia visited Jeffrey Cheah School of Medicine and Health Sciences (JCSMHS) in August 2018. Professor Michelle Leech, Professor Geoffrey Solarsh, Dr Peter Barton, Professor Wayne Hodgson, Ms Andrea Bryce and Ms Evelyn Volders were at JCSMHS to discuss about assessment and the Nutrition and Dietetics Program.



*Prof Wayne Hodgson in 'Education Portfolio Update' session*



*Dr Martien Snellen's talk on the medicalisation of normal women*



*Prof Michelle Leech in 'Overview Theme 4 vertical skills and relationship to Pebblepad' session*



*Dr Peter Barton's Assessment Workshop*





## ACCREDITATION VISIT BY LKM



The accreditation visit to review the Master of Professional Counselling (MOPC) by the Lembaga Kaunselor Malaysia (LKM) took place at Jeffrey Cheah School of Medicine and Health Sciences on 11 and 12 July 2018. After the two-day accreditation exercise, the panel highly praised the students' merit and communication skills, the academic standing of teaching staff, the state-of-the-art counselling rooms and the creative classroom. The panel highlighted that the MOPC course structure clearly meets the LKM standards.

This course has been fully accredited by the Australian Counselling Association, and the Psychotherapy and Counselling Federation of Australia.

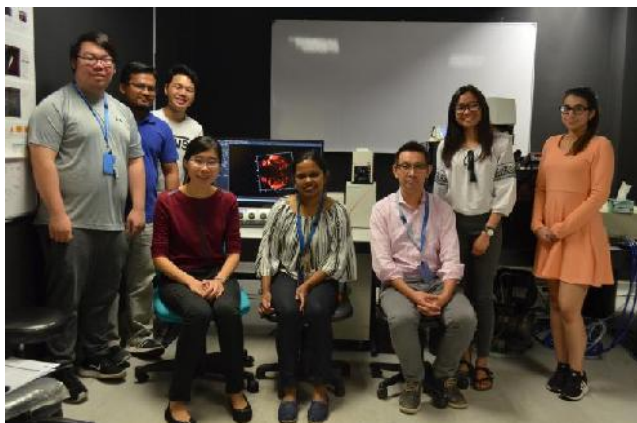
## APAC ACCREDITATION VISIT

The re-accreditation visit by the Australian Psychology Accreditation Council (APAC) to the Department of Psychology, Jeffrey Cheah School of Medicine and Health Sciences, took place on 6 August 2018.

Three psychology courses offered by Department of Psychology as well as four other psychology courses offered by School of Science and School of Arts and Social Sciences were reviewed for accreditation.

A very positive outcome was conveyed during the exit meeting. Overall, the panel expressed their utmost satisfaction with the delivery of the courses and the Department of Psychology's compliance with the APAC standards.





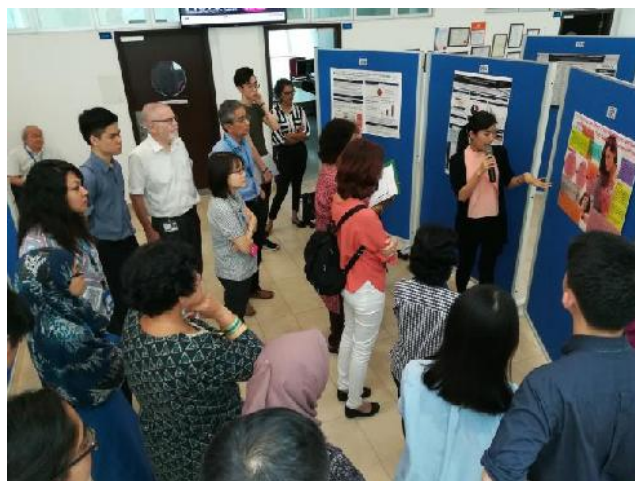
## BRIMS TECHNICAL WORKSHOP (JUNE 2018)

The Brain Research Institute Monash Sunway (BRIMS) conducted its first series of technical workshop from 27 to 29 June 2018. The workshop series offers six intensive modules comprising lectures and practical sessions, which are based on the highly proven application of tested methodologies conducted by a team of dynamic and accomplished scientists.

## CSJB RESEARCH WEEK 2018

The sixth Clinical School Johor Bahru (CSJB) Research Week was held from 23 to 26 July 2018 as a part of the Jeffrey Cheah School of Medicine and Health Sciences' continuous effort to support research activities in the clinical school.

CSJB Research Week aims to promote research activities, sharing research outputs and ideas among our medical students. Similar to its past years, this year's program played a pivotal role in providing a platform for the medical students to showcase and to critically discuss their research projects.







## YOUNG EPILEPSY SECTION (YES) WORKSHOP

Dr Farooq Shaikh, Uday Kundap and Brandon Choo received funding support from International League Against Epilepsy (ILAE) to attend the YES Kick-Off Workshop, University College London in UK, held between 12 to 13 May 2018. During this workshop, Dr Farooq had been elected as the Regional Representative for Asia and Oceania.

## TARGETED PROTEOMIC, SAMPLE WORKFLOW AND DATA ANALYSIS WORKSHOP

On 9 to 10 July 2018, the Liquid Chromatography Mass Spectrometry (LCMS) Platform of Monash University Malaysia with the support from Agilent Technologies conducted the Targeted Proteomics, Sample Workflow and Data Analysis Workshop at Jeffrey Cheah School of Medicine and Health Sciences.

The workshop provided basic knowledge on the sample preparation and data analysis in targeted proteomics. The workshop also consisted of theoretical, demonstration and application based lectures by experts Mr Robin Philp (Agilent), Dr Erhan Simsek (Agilent) and Dr Syafiq Asnawi Zainal Abidin (LCMS Platform, Monash University Malaysia).







## VISIT BY PROFESSOR IAN WILKINSON

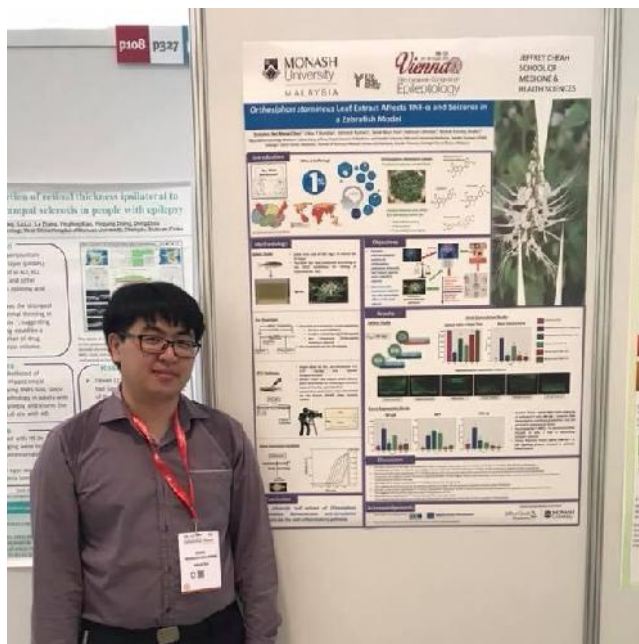
Professor Ian Wilkinson, Professor of Therapeutics and Director of Cambridge Clinical Trial Units from University of Cambridge visited and toured Jeffrey Cheah School of Medicine and Health Sciences. Opportunities for research collaboration were also discussed.

## EUROPEAN CONGRESS ON EPILEPTOLOGY 2018

PhD candidate, Brandon Choo from Jeffrey Cheah School of Medicine and Health Sciences, received the Malaysian Society of Neurosciences (MSN) Education Grant and the International Brain Research Organization (IBRO) Travel Grant to attend the 13th European Congress on Epileptology (ECE) that took place in Vienna, Austria from 26 to 30 August 2018.

The ECE has earned a stellar reputation for both scientific and educational excellence in the field of epilepsy. This congress marked Brandon's first experience of such an event.

The grants provided the financial assistance that enabled Brandon to attend this conference to both share his work with the wider scientific community.





## INTERNATIONAL MARINE BIOLOGY COURSE (IMBC) 2018

Lim Chor Hong, a first-year PhD student had the privilege to attend International Marine Biology Course (IMBC) 2018 organised by Sado Marine Biological Station (SMBS), Faculty of Science, Niigata University from 28 July to 1 August 2018. In this course, participants had the opportunity to carry out activities such as nocturnal animal sampling with hand nets, artificial fertilization of sea urchin, snorkeling sampling at a rocky shore and collecting plankton samples.





# ACHIEVEMENTS

## LIFETIME ACHIEVEMENT AWARD

Professor Dato' Dr Khalid Abdul Kadir from Jeffrey Cheah School of Medical and Health Sciences was recently awarded the Lifetime Achievement Award 2018 by the Council of the College of Physicians, Academy of Medicine of Malaysia for his exceptional contribution and inspiration to the College of Physicians and to the medical profession.

Professor Dr Khalid was also the 22nd Orator for the Tun Dr Ismail Oration in the 52nd Malaysia-Singapore Congress of Medicine, delivering his oration entitled 'Medical Research: A Matter of Life and Health' and emphasising the significance of medical research to achieve greater health for all.

Prior to the Malaysia-Singapore Congress of Medicine, Professor Dr Khalid had delivered the Tunku Abdul Rahman Oration of The Academy of Medicine Fellowship Award Ceremony entitled 'Medical Education: Quo Vadi' and the Amir Abbas Oration at the University Kebangsaan Malaysia Graduation Ceremony.





# ACHIEVEMENTS

## DR MOHMAD FAROOQ SHAIKH

### 2017 PVC AWARD FOR EXCELLENCE IN RESEARCH

Dr Mohmad Farooq Shaikh's strong research outcomes for grants, publications and awards have earned him the PVC Award 2017. His research in experimental epilepsy, animal model development and epilepsy drug discovery resulted in an invitation to be part of a Wellcome Trust grant based in UCL, London. He has also been awarded a PECIPTA 2017 and ITEX 2018 awards for his innovations.



## JCSMHS COURSE MANAGEMENT

### 2017 PVC AWARD FOR EXCELLENCE IN PERFORMANCE BY PROFESSIONAL STAFF

Another winning team from Jeffrey Cheah School of Medicine and Health Sciences, the Education and Course Management team bagged the PVC Award 2017 for the creation and management of education innovation tools. The team also received high service quality scores, a clear indication of their dedication to providing excellent service to students.

EDUCATION



RESEARCH

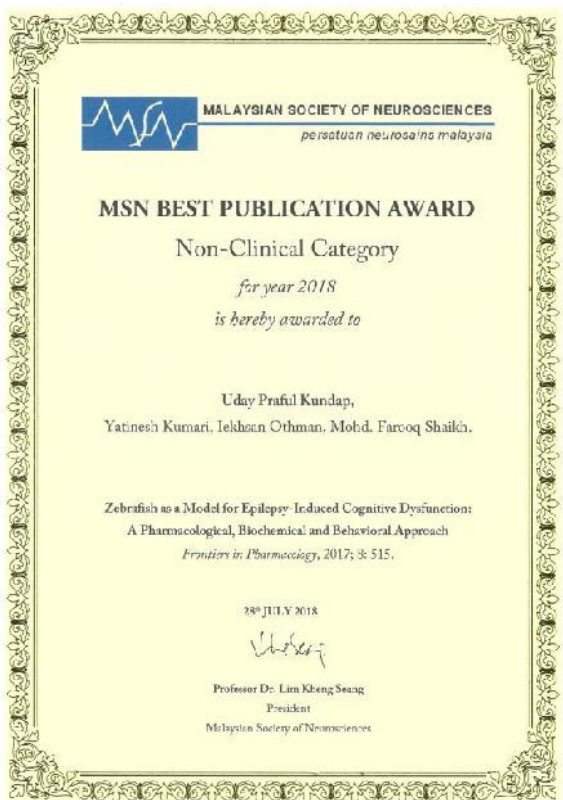




# ACHIEVEMENTS

## BEST PRESENTATION AWARD

Dr Ahmad Munir won the Session Best Presentation with his presentation titled 'Prevalence of Low Back Pain Among Cargo Handlers At A Malaysian International Airport' at the 4th International Conference on Public Health (ICOPH) 2018. ICOPH is the leading interdisciplinary platform for new and advanced research in the field of Public Health.



## MALAYSIAN SOCIETY OF NEUROSCIENCES BEST PUBLICATION AWARD

PhD student, Uday Praful Kundap won the Malaysian Society of Neurosciences' Best Publication Award for his paper entitled 'Zebrafish as a Model for Epilepsy-Induced Cognitive Dysfunction: A Pharmacological Biochemical and Behavioral Approach'.

The award is to promote original scientific research in basic, clinical and interdisciplinary Neurosciences as well to recognize relevant publications in peer reviewed journals.





# ACHIEVEMENTS

## YOUNG INVESTIGATOR AWARD

Dr Cheong Xian Pei is one of the youngest participants to win the first prize of the Young Investigator Award in the recent Malaysian Association of Thoracic and Cardiovascular Surgery Conference in August 2018.

His presentation titled 'Validation of EuroSCORE II among patients undergoing cardiac bypass grafting surgery in Malaysia' focused on the research which he has undertaken at the National Heart Institute.

With an interest in the field of cardiovascular health, Dr Cheong was supervised by Dr Ahmad Farouk Musa who has an extensive experience in the field of Cardiothoracic Surgery and clinical research.



## YSP STUDENT PUBLISHED

Young Program (YSP) student, Muhammad Faiz Arief Johan, has published Q1, IF:4.4 paper as a first author, along with Dr Farooq Shaikh, Dr Yatinesh Kumari, Brandon Choo and Jia Ling Yap.

The journal entitled 'A Systematic Review on Non-mammalian Models in Epilepsy Research' can be found on Frontiers.

Currently, Muhammad Faiz Arief Johan is in his first year of Bachelor of Medical Science and Doctor of Medicine in Jeffrey Cheah School of Medicine and Health Sciences.





## MUMEDS SPORTS CARNIVAL 2018

MUMEDS Clinical School Johor Bahru (CSJB) Sports Carnival is an annual event that was initiated in 2017. The sports carnival hosts a variety of events such as basketball, futsal, netball, Frisbee and track events. There were two competing teams: Athens and Sparta. This year, Sparta took home the trophy with a total of 148 points followed by Athens with 77 points. There were also awards for best athletes; Mohamed Anas Raufdeen won the Male Category while Janine Ludowyke triumphed in the Female Category.

Staff members of CSJB also participated this year's event, marking a total of 170 participants including students. Overall, the event was a major success.





## KHALID KADIR SHIELD

Khalid Kadir Shield is an annual football friendly match between Hospital Sultanah Aminah (HSA) staff and Clinical School Johor Bahru (CSJB) staff and students.



## NETBALL MATCH

This year, there is a new addition of a friendly netball match between HSA staff and CSJB Year 3 to 5 students.





## DR DEEPA ALEX

Dr Deepa Alex joined Jeffrey Cheah School of Medicine and Health Sciences as a lecturer (fractional) in Geriatrics in May 2018. She completed her MBBS in 2010 and MD in Geriatric Medicine in 2014 from the Tamil Dr MGR Medical University, India. Subsequently, she obtained her MRCP (UK) in 2017, during the time she was attached to the Department of Geriatrics, University Malaya. She is a member of Indian Medical Council and Indian Association of Geriatrics. Her research interest lies in Elderly Care issues, namely falls among the elderly in which she has published papers in international journals. Her ongoing research projects also include the 'Battery of Life', a novel scoring tool in predicting outcomes in acutely ill patients.



## DR CINDY NIAP

Dr Cindy Niap Pei Sze is a full time lecturer in Clinical School Johor Bahru. She completed her MBBS in University of Malaya and continued to earn Masters in Psychological Medicine from the same university. In 2016, she was gazetted as a psychiatrist.

She has nine years of working experience in Psychiatry at Hospital Sultanah Aminah, Hospital Permai, University Malaya Medical Centre (UMMC) and Hospital Kota Tinggi. Prior to joining CSJB, Dr Cindy had two years experience as an adjunct lecturer.



## DR LIM HAN NEE

A consultant in General Paediatric and Paediatric Nephrology, Dr Lim Han Nee joined Clinical School Johor Bahru as a Senior Lecturer (Practice). She graduated from the University of Sydney with MBBS in year 2001. She obtained Membership of the Royal College of Paediatrics and Child Health of the United Kingdom (MRCPCH) and Master of Medicine (Paediatric Medicine) from the National University of Singapore in year 2007 respectively. She subsequently completed advanced fellowship training in Paediatric Nephrology in year 2012.

Dr Lim had an extensive working experience in tertiary hospitals of the Ministry of Health. She had worked in Hospital Sultanah Aminah Johor Bahru, Hospital Sultan Ismail Johor Bahru and Hospital Kuala Lumpur prior to joining the private sector in 2017.



## MEGAN NG SWEET SIN

Megan Ng joined Clinical School Johor Bahru as the student counsellor. She completed her master degree from Western Michigan University in 2003 after undergoing a four-month internship at Borgess Behavioral Medicine-Adult Partial Hospitalization Program in Kalamazoo. Cognitive Behavioral Therapy is her main practice.

She returned in 2005 to Taylor's college in Subang Jaya as a Counsellor and Head of Extracurricular Activities. In 2009, she joined Wawasan Open University as a lecturer planning and coordinating psychology courses and taught yoga classes.

After a short stint at WOU, Megan started working as a frontline counsellor at Nottingham University in 2010. Towards the end of 2015, she was seconded to work at the China campus for 3 months and in 2016, she was appointed as a university counsellor at Nottingham University Ningbo China.





# WELCOME



## HASHINAH HARPREET KAUR GILL

Hashinah Harpreet Kaur Gill Binti Ravindar Singh joined the Department of Psychology, Jeffery Cheah School of Medicine and Health Sciences in August 2018 as an Administrative Officer cum Secretary.

Graduated from Rima Secretarial Finishing College with a Diploma in Secretarial and Administration, she has previously worked for Astro, DHL and Continental Tyre Malaysia, gaining an extensive experience in customer service and administration.

# FAREWELL

**WE WOULD LIKE TO BID FAREWELL TO THE FOLLOWING STAFF:**

PROFESSOR DR RUSLI BIN NORDIN  
NOR' ANUAR ISMAIL  
SIAU YEE MAY  
NOORAMLI MD TAHA  
DR UBUKA TAKAYOSHI  
NORAFIDAH ABDUL RAHMAN  
LEE CHING TENG

EDUCATION



RESEARCH



## A TRIBUTE TO DR SUBATHRA SABARATNAM :

Associate Professor Dr Subathra Sabaratnam who was our academic staff in Pathology at the Clinical School Johor Bahru (CSJB) since 2012, lost her battle with cancer on 18 June 2018.

She had been a wonderful colleague and a great friend to all of us at Monash University Malaysia. She was always straightforward with a lovely sense of humour, enthusiastic with a genuine curiosity, and always approachable. She was honest in her opinions and was never judgemental. She had touched everyone's heart with her generosity and lovely personality.

As an academic, she was inspirational and passionate in her teaching, committed to her role as an educator. She was loved and adored by her students. She was not only a mentor but a role model to the younger generation of doctors.

She was an exceptional mother and wife to her lovely children and husband who were her most cherished ones in her life.

Dr Subathra's legacy will remain and continue across generations.

May she rest in eternal peace.





# UPCOMING EVENTS

## **BRIMS TECHNICAL WORKSHOP SERIES 2018**

ADVANCED IPS CELL TECHNOLOGY

DATE: 24 - 26 OCTOBER 2019

VENUE: MONASH UNIVERSITY MALAYSIA

BRIMS Technical Workshop Series 2018 consists of six intensive modules comprising of lectures and practical sessions.

This will be the fourth module in the series.

For more information, please  
visit <https://www.monash.edu.my/jcsmhs/research/brims>

## **BRIMS TECHNICAL WORKSHOP SERIES 2018**

MOLECULAR HISTOLOGY AND IMAGING

DATE: 29 - 31 OCTOBER 2018

VENUE: LEVEL 4, MONASH 1, CLINICAL SCHOOL JOHOR BAHRU

BRIMS Technical Workshop Series 2018 consists of six intensive modules comprising of lectures and practical sessions.

This will be the fifth module in the series.

For more information, please visit  
<https://www.monash.edu.my/jcsmhs/research/brims>



## FOSTERING WORK READINESS AMONG MEDICAL STUDENTS

DATE: 25 & 26 JANUARY 2019

VENUE: MONASH UNIVERSITY MALAYSIA

With 35 established medical programmes in Malaysia and 3,000 medical students graduating annually, there is a strong need to ensure that medical graduates are work ready by the time they leave their alma mater. Work readiness is not just equipping students with the tools of trade but also involves appropriate assessment to ensure that they can successfully assimilate and integrate into the clinical workplace.

This one-and-a-half day conference targets work readiness amongst medical students with focus on professionalism issues, patient safety, student resilience and mental wellbeing. It is delivered by experienced local and international academics through a series of keynote lectures, plenaries, interactive forum and workshops.

For more information, please  
visit <https://www.monash.edu.my/jcsmhs/events/eia2018>





# ANNOUNCEMENTS

## APPROVAL BY MEDICAL COUNCIL OF INDIA

The Bachelor of Medical Science and Doctor of Medicine (BMedSc/MD) program has been approved and recognised by the Medical Council of India.

## JCSMHS WON THE BID TO HOST MSPP 2020

Jeffrey Cheah School Medicine and Health Sciences has won the bid to host Malaysian Society of Pharmacology and Physiology (MSPP) conference in 2020. MSPP aims to advance the science and ethics of Physiology and Pharmacology as well to promote scientific communication between members of the society through regular meetings and publications.

## HR BUSINESS PARTNER

HR will be at JCSMHS on these following dates: 12 November 2018 and 12 December 2018.

## GRADUATE RESEARCH CAREER EVENING

There will be a Graduate Research Career Evening on 13 December 2018 from 3.30PM to 6.30PM.

