Jeffrey Cheah School of Medicine and Health Sciences

Master of Professional Counselling
Rapid socioeconomic development in the era of competitive globalisation may often overlook the emotional and mental wellbeing of those running the race. A healthy population is enriched not only by wealth, but by a strong societal support system to promote psychological health.

The Master of Professional Counselling at Monash University Malaysia is designed to groom professionals of any background into qualified counsellors who wish to fulfill this purpose. This course prepares students to become registered counsellors who are culturally competent in settings such as community mental health, schools, health centers, workplaces, and in private practice. The course is also suitable for those already working in various professions who may wish to utilise counselling skills in roles such as teaching, social work and human resources.

All academic staff leading this course are active researchers in their respective fields of expertise. This course is taught by academics with extensive working experience as professional counsellors or psychologists. On completion of the course, graduates should be able to work as counsellors with an advanced level of knowledge, and be cognisant of the professional issues involved in undertaking counselling as a profession in Malaysia and the region.

Graduates may also consider to pursue a higher study to obtain a Doctor of Philosophy after completing this course.

This course consists of advanced preparatory units, core units and application units.

### Course Structure

**4 advanced preparatory units (24 points)**
- Counselling practice and theory
- Human growth and lifespan development
- Mental health issues: grief, trauma and substance abuse
- Counselling in a multicultural context

**8 core units (48 points)**
- Children and adolescents counselling
- Personnel and career development counselling
- Counselling skills: individuals and couples
- Ethics and professional issues in counselling and psychology
- Group counselling skills and psychotherapy
- Cognitive behaviour therapy
- Advanced personnel and career development counselling
- Counselling research design, statistics and program evaluation

**4 application units (24 points)**
- Psychological assessment and measurement
- Counselling practicum
- Research project in counselling
- Counselling Internship

This course requires students to undertake 504 hours of clinical placements, including a minimum of 192 hours of client contact. Through these mandatory placements, students have an opportunity to apply theory to practice under supervision in clinical settings.

### Entry Requirements

Applicants must have successfully completed a recognised bachelor degree or equivalent qualification with a credit average of 60%, submit referee reports (by two academics) and attend an interview.

Applicants must also meet the University’s English language requirements as follows:
- IELTS minimum overall test score of 6.5 with individual band scores not less than 6 or an internet-based TOEFL score of 79 overall, with minimum scores of Listening (12), Reading (13), Speaking (18), Writing (21); or paper-based TOEFL score of 550 overall with Test of Written English (TWE) 4.5.

### Credits

No credit transfer applications will be accepted.

### Intakes

February and July

### Duration of Study

Full Time (two years)
Part Time (four years)

Please note that classes are held on weekdays during daytime for both options of study.

### Course Fee

RM65,000 (Malaysian students)
RM71,500 (International students)

A bursary of RM20,000 will be offered to all Full Time students who successfully enrol in this program in 2016. This bursary will be disbursed in schedules to be determined by Monash University Malaysia.

This course will be submitted for professional accreditation by the Malaysian Board of Counsellors, Australian Counselling Association (ACA) and Psychotherapy and Counselling Federation of Australia (PACFA).
Contact us

Business hours: Mondays to Fridays 8.30am – 6pm
Counselling hours for course enquiries: 8.30am – 6pm Mondays to Fridays, and 9am – 12.30pm on Saturdays.
Closed on Sundays and Public Holidays.

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