This is a skill-based course suited to those with an interest in counselling. Taught by academics with extensive experience of working as professional counsellors and psychologists, you will be well prepared to become registered counsellors in settings such as community mental health, schools, health centers, workplaces, and in private practice. This degree is also suitable if you're already working and may wish to utilise counselling skills in roles such as teaching, social work and human resources.

A distinctive feature of this course is our focus on preparing our students to be culturally competent counsellors in Malaysia and the region. You will be required to undertake 504 hours of clinical placements, including a minimum of 192 hours of client contact, where you will have the opportunity to apply theory to practice under supervision in clinical settings.

Learning Outcomes

Upon successful completion of this course it is expected that you will be able to:

- demonstrate an advanced level of knowledge of evidence-based theories and frameworks related to the major schools of counselling and psychotherapy;
- relate appropriate therapeutic approaches and strategies to the corresponding developmental stages across childhood, adolescence, adulthood and ageing;
- demonstrate capacity in synthesising and communicating ideas at an advanced academic level;
- demonstrate cultural awareness and sensitivity in all aspects of professional counselling;
- develop a deeper understanding of self, personal values and preferred styles of counselling;
- assess clients both formally and informally through individual, family, group and career counselling;
- apply the knowledge and skills developed in counselling practice in a workplace setting;
- recognise the ethical and professional issues in counselling and psychology; and
- demonstrate knowledge of appropriate research approaches and apply research and evaluation skills in the contexts of research, report writing, case notes and referrals.

Course Structure

This course consists of advance preparatory units, core units and application units. You must complete:

(a) Four advanced preparatory units (24 points)
- Counselling practice and theory
- Human growth and lifespan development
- Mental health issues: grief, trauma and substance abuse
- Counselling in a multicultural context

(b) Eight core units (48 points)
- Children and adolescents counselling
- Personnel and career development counselling
- Counselling skills: individuals and couples
- Ethics and professional issues in counselling and psychology
- Group counselling skills and psychotherapy
- Cognitive behaviour therapy
- Advanced personnel and career development counselling
- Counselling research design, statistics and program evaluation

(c) Four application units (24 points)
- Psychological assessment and measurement
- Counselling practicum
- Research project in counselling
- Counselling Internship
Professional Accreditations

This course is fully accredited by:
- Australian Counselling Association (ACA)
- Psychotherapy and Counselling Federation of Australia (PACFA)

This course has also been submitted for accreditation by:
- Malaysian Board of Counsellors (Lembaga Kaunselor Malaysia)

Entry Requirements

You must have successfully completed a recognised bachelor degree or an equivalent qualification with a credit average of 60%, submit two referee reports and attend an interview.

You must also meet the University’s English language requirements as follows:
- IELTS minimum overall test score of 6.5 with individual band scores not less than 6; or
- internet-based TOEFL score of 79 overall with minimum scores of Listening (12), Reading (13), Speaking (18), and Writing (21); or
- paper-based TOEFL score of 550 overall with Test of Written English (TWE) 4.5.

Bursaries

Your successful enrolment in this program at Monash University Malaysia on a full-time basis will qualify you to receive a bursary which covers a RM2,500 tuition fee waiver per semester, with a total of RM10,000 for two years of study.

"Studying the Master of Professional Counselling with no basic knowledge of psychology is tough, but I'm loving the journey. Listening to real-life cases shared by my lecturers makes learning interesting and applicable, while industry exposure has boosted my confidence in counselling school-going children of various backgrounds. This has affirmed my goals to work with children in the near future."

Tan Su Cheng
Master of Professional Counselling student
Currently working as a finance and administration manager at a veterinary clinic
Interning at Sri KDU Primary School

About Us

The Jeffrey Cheah School of Medicine and Health Sciences at Monash University Malaysia offers courses that provide a global perspective and research-intensive focus to address important theoretical and practical challenges in the field of medical and health sciences.

Our psychology programs are designed to ensure that you are able to comprehend the discourse of the discipline, present a persuasive argument on relevant topics, develop interpersonal skills, and learn the ethical principles of psychological research and practice. By the end of your studies you will be more than capable of handling human related matters and addressing the challenges faced by contemporary societies.

Ranking and Recognition

#29 in the world for Medicine
#41 in the world for Clinical, Pre-Clinical and Health
#42 in the world for Psychology

QS World University Rankings by Subject 2017

Getting to the University

The Sun U-Monash Bus Rapid Transit (BRT) station is just outside our door, providing a convenient mode of transport around Sunway. It is also connected via the Setia Jaya KTM (train) station and the USJ Light Rapid Transit (LRT) station.
CONTACT US

Business hours:
Monday to Friday 8.30am – 6.00pm

Counselling hours for course enquiries:
Monday to Friday 8.30am – 6.00pm

Closed on weekends and public holidays.

Enquiries
T +60 3 5514 6000
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The information in this brochure is correct at the time of publication. Monash University Malaysia reserves the right to change the information in line with updates, from time to time.

Please check the website (www.monash.edu.my) for the latest information.

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